

Mind Decluttering

Certificate of Completion

This certificate is awarded to:

Krestina Jeppesen

For the successful completion of:

Mind Decluttering

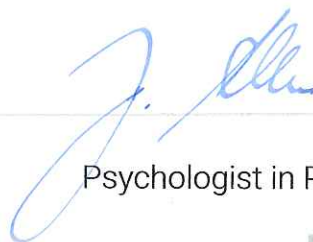
With grade: **Practitioner**

Content: Krestina has successfully completed the 36 unit lectures of theory and practice about severe stress reactions, resiliency, evidencebased trauma interventions (EMTR, PE) as well as learning advanced behavioral interventions of cognitive reframing. Finally she trained the six steps of resilience; a multisensoric essential approach based on behavioral therapy and Ericksonian hypnotherapy.

7-4-16

Date

www.joergalbers.com



Jörg Albers
Psychologist in Practice and Research